



Louie's Colorful Feelings A Dragon's Guide to Rainbow Emotions



Louie's Colorful Feelings



**A Dragon's Guide
to Rainbow Emotions**

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Meet Louie! He's no ordinary dragon.
He doesn't breathe fire ...

... Louie breathes his own colorful feelings!





Louie loves being outdoors.
The warm sun, colorful butterflies,
and singing birds make Louie
happy.

Louie spends all morning gathering a basket of berries. He can't wait to gobble them up!



But then ... zip-snatch! A group of sneaky chipmunks takes the *whole* basket! Berries go everywhere! Louie is so **angry!**



* He takes a deep breath. Sometimes, when Louie feels angry, a change of scenery, like going to the pond, can help.



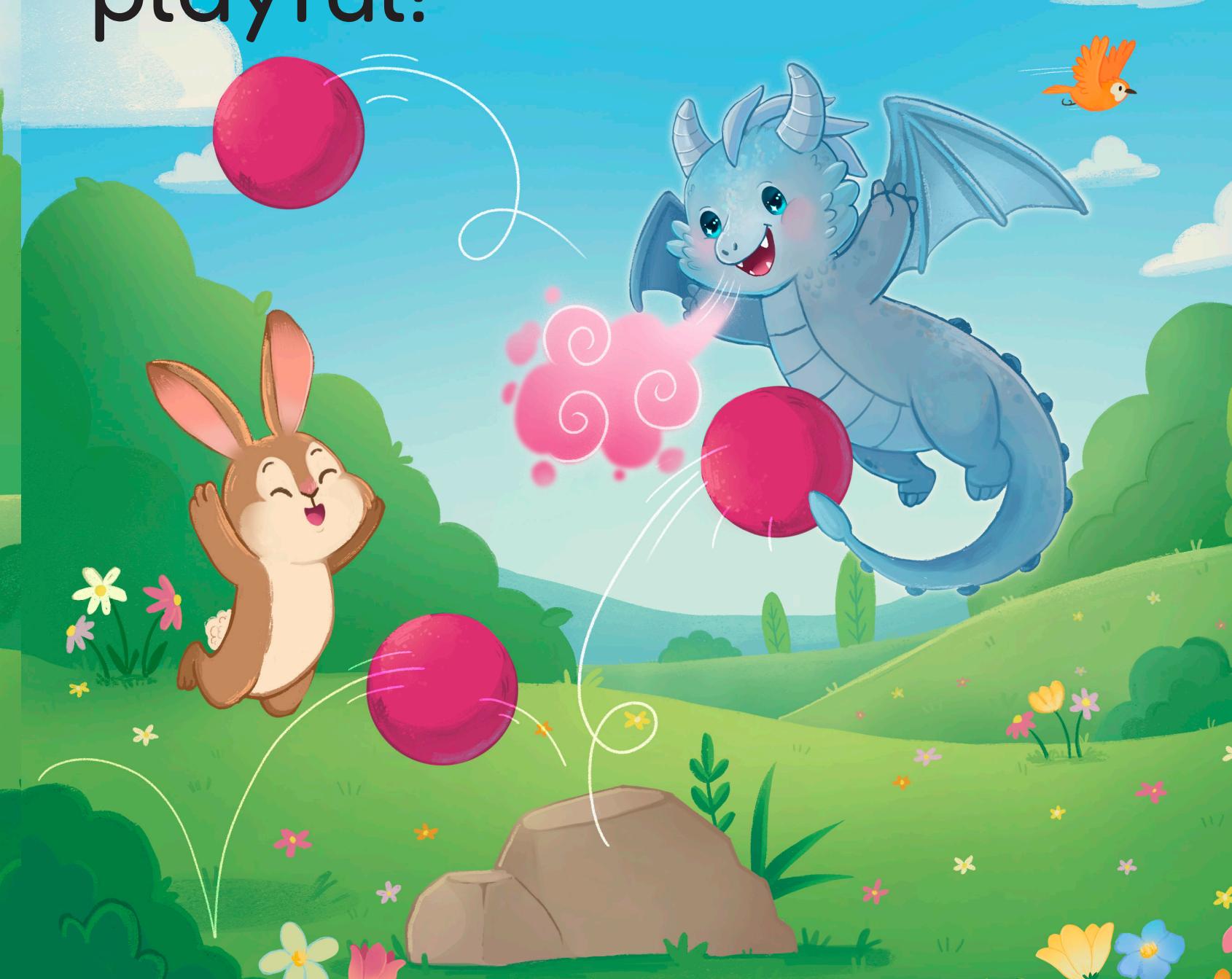
Louie is walking in the woods when he sees a glowing light. What could it be?

“Wow! It’s sparkly bugs! They’re magical!” he says to Flicker the Fox. Louie feels a sense of **wonder**.

Louie plays ball with Rosie the rabbit.
They take turns bouncing the ball
with their feet and noses.

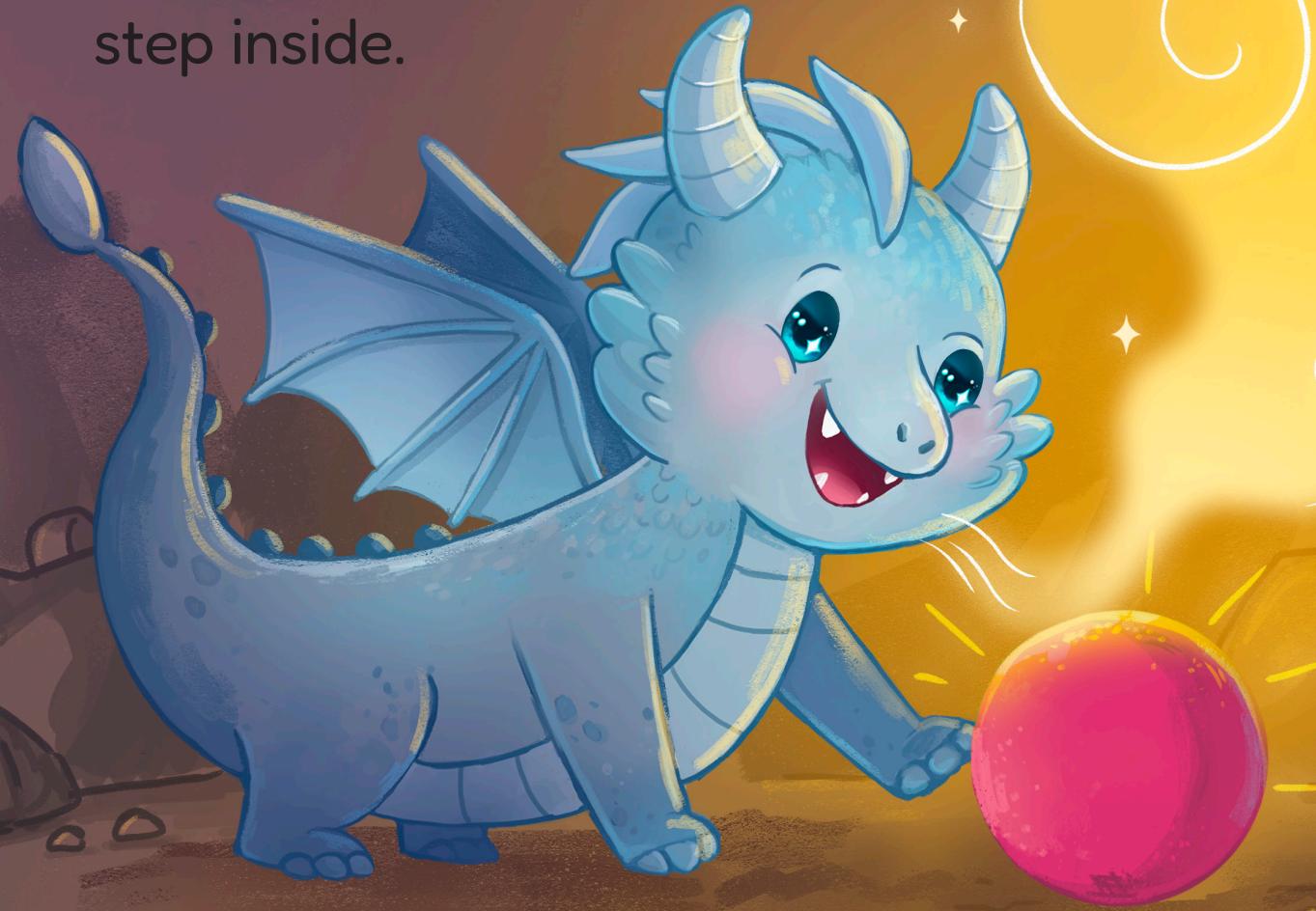


Suddenly, the ball takes a wild bounce! *Bing!*
Bang! *Boing!* Louie feels so happy and
playful!



“How will we get the ball back?”
Rosie asks Louie. Louie takes a deep breath.

The cave looks dark, but
Louie knows Rosie needs
him. He takes a brave
step inside.



There it is! Louie picks up his bouncy ball.
Relief washes over him. “We can play again!”
he exclaims, feeling **triumphant**.

Louie's Colorful Feelings

Louie the Dragon doesn't breathe fire—
he breathes feelings!

Join Louie on an amazing journey through a rainbow of emotions, from yellow joy to blue sadness. With each puff of colorful smoke, children learn to name and understand their feelings in a playful, gentle way that encourages empathy, self-awareness, and open-hearted conversations.



Perfect
for children
3-7

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